

# EXOTIC GENERATION MALTA 2025

## FLOW CATEGORY

### Flow Category Description – Exotic Generation

This category emphasises fluidity, elegance, and seamless transitions. Competitors should aim to embody smooth, wave-like motion that synchronises effortlessly with the music. Movement should feel continuous and organic, with special attention to graceful legwork, controlled extensions, and expressive footwork.

## GENERAL CRITERIA

JUDGING CRITERION	CRITERIA DESCRIPTION	25 POINTS
Image & Presentation	An Evaluation of the overall visual impact of the performer. Taking into consideration how well the costume, makeup, hair, and styling match the theme or mood of the piece. Noting if their appearance enhances the performance and shows attention to detail Strong stage presence, confidence, and a polished look all contribute to a high score in this category.	5 Points
Choreography Structure	An evaluation of the structure, planning, and flow of the choreography. Taking into consideration how well the routine is composed from start to finish, including use of space, transitions between movements, and the progression of the performance. A well-structured piece demonstrates thoughtfulness, creativity, and a cohesive narrative or theme throughout.	5 Points
Acting / Emotional Expression	An evaluation of how well the performer conveys emotion, character, and storytelling through facial expressions, body language, and energy. This includes the ability to engage the audience and evoke a mood or message. A strong performance shows authenticity, emotional depth, and consistency with the theme or music, creating a captivating and memorable experience.	5 Points
General Technique	An evaluation of the performer's control, strength, flexibility, and execution of movements on both the floor and pole. Movements should be clean, precise, and well-balanced, with attention to proper form and transitions. A high score reflects strong foundational technique, safe execution, and a polished, confident delivery throughout the routine.	5 Points
Overall Impression	A reflection of the performance as a complete piece, assessing how all elements such as the music, movement, expression, technique, and presentation come together to create impact. A high score in this category indicates a well-rounded, memorable performance that leaves a lasting impression and demonstrates professionalism, creativity, and stage presence.	5 Points

FLOW - SPECIFIC CRITERIA

<b>JUDGING CRITERION</b>	<b>JUDGING CRITERION</b>	<b>40 POINTS</b>
Flow Ownership	An evaluation of your ability to move with confidence, ease, and individuality. Your performance should reflect a clear sense of personal style, control, and comfort in your movement. A strong score in this category shows that you fully embody your piece, demonstrating authenticity and fluid command of your choreography.	10 Points
Legwork & Fluidity	Focuses on the quality, control, and elegance of your leg transitions, footwork, and body lines. Movements should appear seamless and continuous, especially in the connection between floor and pole. A high score reflects beautifully executed legwork with smooth transitions that enhance the overall fluidity of the performance.	10 Points
Flow Technique on Pole & Floor	Assesses the precision and execution of technical flow elements on both the pole and the floor. Movements should be intentional, clean, and well-practiced, with attention to form and detail. A strong performance in this area demonstrates technical control and mastery of fluid movement vocabulary.	10 Points
Musicality	Measures how well your movement aligns with the rhythm, accents, and emotional tone of the music. Your choreography should respond to the music's dynamics and structure, showing thoughtful interpretation. High marks are awarded for intentional, expressive timing and a strong connection to the soundtrack throughout the routine.	10 Points

# EXOTIC GENERATION MALTA 2025

## HARD STYLE CATEGORY

### Hard Style Category Description – Exotic Generation

This category focuses on power, precision, and dynamic execution. It emphasises strong, impactful movements and the ability to perform advanced tricks with confidence and control. Hardstyle combines intensity, sharp transitions, and bold choreography, showcasing both physical strength and technical mastery.

#### GENERAL CRITERIA

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Acting / Emotional Expression	An evaluation of how well the performer conveys emotion, character, and storytelling through facial expressions, body language, and energy. This includes the ability to engage the audience and evoke a mood or message. A strong performance shows authenticity, emotional depth, and consistency with the theme or music, creating a captivating and memorable experience.	5 Points
General Technique	An evaluation of the performer's control, strength, flexibility, and execution of movements on both the floor and pole. Movements should be clean, precise, and well-balanced, with attention to proper form and transitions. A high score reflects strong foundational technique, safe execution, and a polished, confident delivery throughout the routine.	5 Points
Overall Impression	A reflection of the performance as a complete piece, assessing how all elements such as the music, movement, expression, technique, and presentation come together to create impact. A high score in this category indicates a well-rounded, memorable performance that leaves a lasting impression and demonstrates professionalism, creativity, and stage presence.	5 Points

HARD STYLE - SPECIFIC CRITERIA

JUDGING CRITERION	JUDGING CRITERION	40 POINTS
Difficulty of Tricks	Hardstyle is known for pushing physical limits. This criterion evaluates the complexity and risk level of your pole and floor tricks. High scores are awarded for advanced elements performed with confidence and consistency. Think powerful dynamic transitions, explosive drops, and strength-based tricks that require intense control. Judges will be looking for daring combinations and impressive difficulty that match the energy of the performance.	10 Points
Originality	This measures how creatively you approach your movement. Bring your own identity to the stage with unique transitions, unexpected combos, or signature elements that stand out. Avoid relying on overused tricks. Judges want to see something fresh, bold, and innovative. Let your choreography reflect your personality and challenge the norm of standard Hardstyle routines.	10 Points
Technique & Control	Precision is key in this category. Every trick, whether dynamic or static, should be executed with clear form, clean lines, and body awareness. Judges will pay attention to how well you control your movement through strength, balance, and timing. Whether you're holding a power move or flowing into a spin, the quality of your technique speaks volumes about your training and professionalism.	10 Points
Musicality	This score reflects how well your performance connects with the music. Your movement should follow the rhythm, accentuate beat drops, and match the tempo. Hardstyle routines are often intense and high energy, use that to your advantage by syncing bold moments with musical peaks and matching transitions with rhythm changes. A seamless connection between your tricks and the music will elevate your performance.	10 Points

# EXOTIC GENERATION MALTA 2025

## OLD SCHOOL CATEGORY

### Old School Category Description – Exotic Generation

Old School is the essence of exotic pole, a celebration of sensuality, body control, grounded movement, and emotional connection. This style is intimate, deliberate, and deeply expressive, with strong roots in classic exotic dance. The goal is not only to perform but to seduce the space and engage the audience with refined control, softness, and rhythm.

#### GENERAL CRITERIA

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Choreography Structure	An evaluation of the structure, planning, and flow of the choreography. Taking into consideration how well the routine is composed from start to finish, including use of space, transitions between movements, and the progression of the performance. A well-structured piece demonstrates thoughtfulness, creativity, and a cohesive narrative or theme throughout.	5 Points
Acting / Emotional Expression	An evaluation of how well the performer conveys emotion, character, and storytelling through facial expressions, body language, and energy. This includes the ability to engage the audience and evoke a mood or message. A strong performance shows authenticity, emotional depth, and consistency with the theme or music, creating a captivating and memorable experience.	5 Points
General Technique	An evaluation of the performer's control, strength, flexibility, and execution of movements on both the floor and pole. Movements should be clean, precise, and well-balanced, with attention to proper form and transitions. A high score reflects strong foundational technique, safe execution, and a polished, confident delivery throughout the routine.	5 Points
Overall Impression	A reflection of the performance as a complete piece, assessing how all elements such as the music, movement, expression, technique, and presentation come together to create impact. A high score in this category indicates a well-rounded, memorable performance that leaves a lasting impression and demonstrates professionalism, creativity, and stage presence.	5 Points

OLD SCHOOL - SPECIFIC CRITERIA

JUDGING CRITERION	JUDGING CRITERION	40 POINTS
Sensuality & Body Plastic	This score reflects how well you embody sensuality through movement. Focus on the fluid articulation of your body, through hips, back, legs, and hands, while maintaining graceful control. Your ability to create softness and tension in the body, combined with smooth transitions and effortless allure, will shape your presence on stage.	10 Points
Facial Expression & Gestures	Your connection with the audience is built through expressive eyes, confident smiles, and meaningful gestures. Let your face and hands tell a story. Subtlety is powerful in Old School, even the smallest detail can heighten emotion and impact. Use expression to draw your audience into your world.	10 Points
Floorwork & Transitions	Strong floorwork is essential in this style. Movements should be grounded, intentional, and well-integrated with the pole. Focus on how smoothly you transition from pole to floor and vice versa. Glides, rolls, and low-flow elements should be clean and connected, maintaining the sensual energy of the piece throughout.	10 Points
Musicality	Your routine should melt into the music. This includes interpreting lyrics, catching beats, and following the rhythm with purpose. Musical accents are an opportunity to emphasise movement, highlight emotion, or pause with control. Judges will look for how well your choreography reflects the mood and structure of the track.	10 Points

# EXOTIC GENERATION MALTA 2025

## THEATRE CATEGORY

### Theatre Category Description – Exotic Generation

This category highlights the art of storytelling through Exotic Pole Dance, with a strong focus on theatricality, emotion, and visual impact. Performances must convey a clear narrative, enhanced by expressive movement, dramatic interpretation, and cohesive use of costumes, props, and stage design. Any Exotic style may be used, but all elements, from choreography to visuals, should work together to immerse the audience in the theme. Judges will assess creativity, clarity of storytelling, stage presence, and overall artistic execution.

## GENERAL CRITERIA

JUDGING CRITERION	CRITERIA DESCRIPTION	25 POINTS
Image & Presentation	An Evaluation of the overall visual impact of the performer. Taking into consideration how well the costume, makeup, hair, and styling match the theme or mood of the piece. Noting if their appearance enhances the performance and shows attention to detail Strong stage presence, confidence, and a polished look all contribute to a high score in this category.	5 Points
Choreography Structure	An evaluation of the structure, planning, and flow of the choreography. Taking into consideration how well the routine is composed from start to finish, including use of space, transitions between movements, and the progression of the performance. A well-structured piece demonstrates thoughtfulness, creativity, and a cohesive narrative or theme throughout.	5 Points
Acting / Emotional Expression	An evaluation of how well the performer conveys emotion, character, and storytelling through facial expressions, body language, and energy. This includes the ability to engage the audience and evoke a mood or message. A strong performance shows authenticity, emotional depth, and consistency with the theme or music, creating a captivating and memorable experience.	5 Points
General Technique	An evaluation of the performer's control, strength, flexibility, and execution of movements on both the floor and pole. Movements should be clean, precise, and well-balanced, with attention to proper form and transitions. A high score reflects strong foundational technique, safe execution, and a polished, confident delivery throughout the routine.	5 Points
Overall Impression	A reflection of the performance as a complete piece, assessing how all elements such as the music, movement, expression, technique, and presentation come together to create impact. A high score in this category indicates a well-rounded, memorable performance that leaves a lasting impression and demonstrates professionalism, creativity, and stage presence.	5 Points

THEATRE - SPECIFIC CRITERIA

<b>JUDGING CRITERION</b>	<b>JUDGING CRITERION</b>	<b>40 POINTS</b>
Production of Idea	Assesses the clarity and strength of the performance's storyline or theme. Judges will look at how well the concept is introduced, developed, and maintained throughout the routine. Strong narratives or clear abstract ideas are rewarded.	10 Points
Choreography & Theatrical Component	Focuses on character portrayal, stage presence, and storytelling through movement. This includes body language, facial expressions, transitions, and how effectively the performer becomes their character.	10 Points
Props, Scenery & Set Design	Evaluates the creative and functional use of props or set elements. Judges will consider how well the performer integrates props or scenery into the routine to support the story, without them becoming distractions or obstacles.	10 Points
Musicality	Measures the connection between music and movement. Dancers are scored on how well their movements reflect and interpret the music's rhythm, mood, and dynamics, especially when tied to the storyline.	10 Points

# EXOTIC GENERATION MALTA 2025

## DOUBLES CATEGORY

### Doubles Category Description – Exotic Generation

This category showcases synchronised choreography, creative partner work, and dynamic trick combinations that emphasise the coordination between the performers. Duets are encouraged to explore interaction, storytelling, and spatial awareness, using both dancers to enhance the overall impact of the piece.

#### GENERAL CRITERIA

JUDGING CRITERION	CRITERIA DESCRIPTION	25 POINTS
Image & Presentation	An Evaluation of the overall visual impact of the performer. Taking into consideration how well the costume, makeup, hair, and styling match the theme or mood of the piece. Noting if their appearance enhances the performance and shows attention to detail Strong stage presence, confidence, and a polished look all contribute to a high score in this category.	5 Points
Choreography Structure	An evaluation of the structure, planning, and flow of the choreography. Taking into consideration how well the routine is composed from start to finish, including use of space, transitions between movements, and the progression of the performance. A well-structured piece demonstrates thoughtfulness, creativity, and a cohesive narrative or theme throughout.	5 Points
Acting / Emotional Expression	An evaluation of how well the performer conveys emotion, character, and storytelling through facial expressions, body language, and energy. This includes the ability to engage the audience and evoke a mood or message. A strong performance shows authenticity, emotional depth, and consistency with the theme or music, creating a captivating and memorable experience.	5 Points
General Technique	An evaluation of the performer's control, strength, flexibility, and execution of movements on both the floor and pole. Movements should be clean, precise, and well-balanced, with attention to proper form and transitions. A high score reflects strong foundational technique, safe execution, and a polished, confident delivery throughout the routine.	5 Points
Overall Impression	A reflection of the performance as a complete piece, assessing how all elements such as the music, movement, expression, technique, and presentation come together to create impact. A high score in this category indicates a well-rounded, memorable performance that leaves a lasting impression and demonstrates professionalism, creativity, and stage presence.	5 Points

DOUBLES - SPECIFIC CRITERIA

DOUBLES - SPECIFIC CRITERIA		
<b>JUDGING CRITERION</b>	<b>JUDGING CRITERION</b>	<b>40 POINTS</b>
Synchronisation	Evaluates the accuracy, timing, and unity of movement between both performers. Judges will assess how well the partners move in sync during mirrored or matching sequences, including pole tricks, transitions, and floorwork. Smooth execution and precise timing are key, especially during dynamic combos.	10 Points
Duet Interaction	Assesses the quality of connection, communication, and chemistry between partners. This includes intentional eye contact, shared energy, responsive movements, and emotional or narrative interaction. Judges will look for how naturally the performers relate to each other throughout the routine.	10 Points
Originality of Duet Tricks	Rewards innovation, creativity, and uniqueness in shared pole work. This includes inventive use of shared pole space, creative partner lifts or balances, unexpected transitions, and combinations that showcase collaboration. Risk-taking and fresh ideas are valued.	10 Points
Musicality	Measures the duo's joint interpretation of the music's structure, emotion, and rhythm. Scoring focuses on how cohesively both dancers move with the music, as a unified team, highlighting beats, pauses, and changes in tempo or mood. Pacing, emphasis, and synchronic accents are important here.	10 Points

# EXOTIC GENERATION MALTA 2025

## MEN CATEGORY

### Men Category Description – Exotic Generation

Open to male competitors performing in any Exotic Pole style, Flow, Hard, or Old School, while wearing high-heeled shoes, as is standard for all categories. Performers are free to showcase their preferred style, focusing on technique, musicality, and expression. Competitors should refer to the specific judging criteria of their chosen style within the respective category table in this document.

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MEN - SPECIFIC CRITERIA

MEN - SPECIFIC CRITERIA		
<b>JUDGING CRITERION</b>	<b>JUDGING CRITERION</b>	<b>40 POINTS</b>
Artistry	Evaluates the performer's personal expression, creative identity, and unique artistic voice. Judges look for individuality, emotional depth, and originality. This includes how the dancer uses facial expressions, movement quality, and overall mood to convey a distinct personality or concept that sets them apart.	10 Points
Technique & Performance	Assesses technical execution, strength, flexibility, control, and overall stage command. This includes clean lines, proper form, secure transitions, and physical endurance throughout the routine. Judges will reward strong, confident performances with minimal visible effort or struggle.	10 Points
Style	Measures the authenticity, consistency, and cohesion of the chosen style or theme. Everything from costume and music to movement vocabulary and attitude should align clearly with the chosen style (e.g. Exotic Hard, Flow, Old School). Judges will note how committed the performer is to their aesthetic throughout.	10 Points
Wow Effect	Scores the visual impact, creativity, risk, and surprise factor of the performance. This includes standout moments like dynamic tricks, unexpected transitions, clever use of pole or floor, and creative staging choices. Judges are looking for routines that leave a lasting impression and push boundaries artistically or technically.	10 Points

# EXOTIC GENERATION MALTA 2025

## STARS CATEGORY

### Stars Category Description – Exotic Generation

The Stars Category is reserved for the most elite and experienced performers, those who demonstrate exceptional mastery, creative identity, and commanding stage presence. Competitors are expected to deliver high-level routines that fuse advanced technique with bold artistry and innovation. Every aspect of the performance, from concept and styling to execution and impact, should reflect a refined, professional-level polish.

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STARS - SPECIFIC CRITERIA

JUDGING CRITERION	JUDGING CRITERION	40 POINTS
Artistry	Evaluates the performer's personal expression, creative identity, and unique artistic voice. Judges look for individuality, emotional depth, and originality. This includes how the dancer uses facial expressions, movement quality, and overall mood to convey a distinct personality or concept that sets them apart.	10 Points
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